

Chapter 1: Self-Awareness

CHAPTER HIGHLIGHTS

- Make “you” your business
- Self-awareness means having and developing an understanding of who you are and what you can and can’t do
- There are 2 things you have 100% control over: your attitude and your effort
- Identify what you do best and double down on it

Complete the following self-tests from the chapter.

SELF-TEST #1

1. What do you do really well?

2. What do you need to improve?

3. What is your plan for addressing #2?
